

Tips on how to record a video interview:

What you will need:

A web cam, smartphone or a video camera of some sort. A Youtube account, so you can upload your video after recording it.

Tips for making a video people will watch:

Make sure you are not sitting in front of a light source like a window or a lamp. Speaking from the heart is wonderful, but don't be afraid to make a few notes of what you want to say before recording. Try to record in a quiet place, so your voice isn't drowned out by background noise. Your finished video should only be 1 to 2 minutes in length.

When you upload:

When you upload your video to your youtube account, make sure that the title of your video includes the phrase "3.5 Days Unpaid Leave".

That's it! After you have posted your video, send us a link using this form.