

RIVERVIEW HEALTH CENTRE

As of July 1, 2025, your Healthcare and Dental Plans have moved to HEB Manitoba. Your previous plans are no longer active.

You **must** go to HEB Manitoba's secure member portal by **August 29, 2025**, to either enrol or waive coverage (if you are covered by another group healthcare and/or dental plan).

You must do this even if you were not eligible to participate in the previous plans or had waived coverage under the previous plans.

CAUTION: If you do not act by August 29:

- You will be enrolled for **single coverage** by default.
- **You will not be able to waive coverage, even if you are covered by another group Healthcare or Dental Plan.**
- If you have eligible family members, they will not be covered. If you report current family members after August 29, 2025, they will not be eligible for coverage until one year after the date they were reported.

Action Required by August 29, 2025

1. [Log into the secure HEB Manitoba member portal](#) (First time users **must register first.**)
2. Go to "My Messages" and review your enrolment letter and the Plan Overview.
3. Click the yellow "Enrolment Pending" tile on your dashboard.
4. Follow the prompts in the wizard to enter your personal information. List your spouse and any dependent children.
5. When you get to the Healthcare Plan enrolment screen you will have the option to ENROL according to your true family status or WAIVE coverage if you have coverage under another group healthcare plan. Check the box that applies to you.

If you select WAIVE, you must provide details of the other plan.

1. When you get to the Dental Plan enrolment screen, you will have the same options to ENROL according to your true family status or WAIVE coverage if you have coverage under another group dental plan. Check the box that applies to you.

If you select WAIVE, you must provide details of the other plan.

REMEMBER that you must provide your healthcare providers with your new contract and group number for any services provided after June 30, 2025! They won't be able to submit claims for payment if you haven't enrolled.

Understand Your New Benefits Plans

Need more details about the Healthcare and Dental Plans? Learn more [on our website](#).

Questions? Call HEB Manitoba at 204-942-6591.

We look forward to serving you!

HEB Manitoba